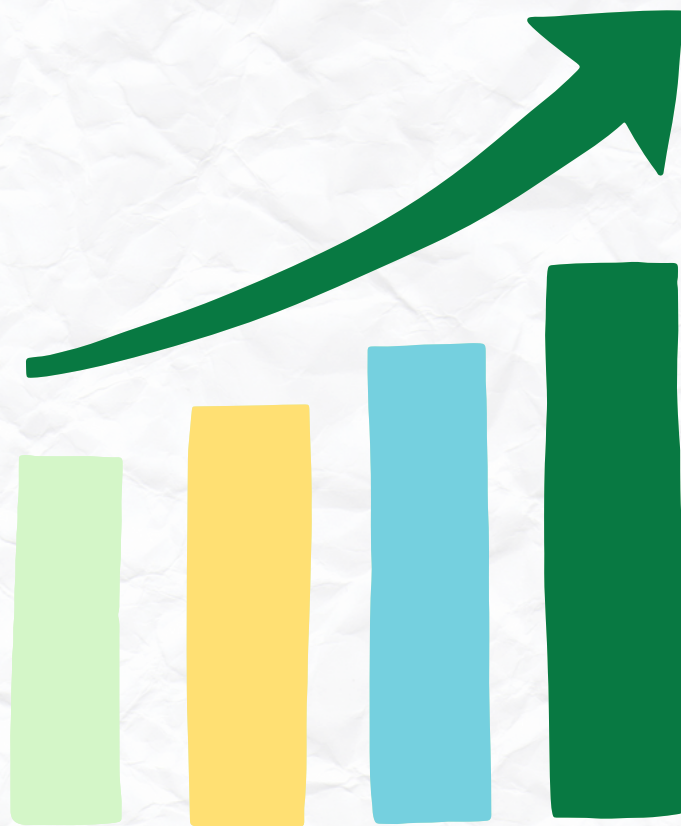


SMART



Goal Sheet

Write out your Motto (vision statement) for 2026:



2024 SMART



Goal Sheet

Write out your Motto (vision statement) for 2024:



2024 SMART Goal Sheet

Name

Hi, It is very inspiring of you to get a hold of this worksheet. The first step to having a successful 2024 is knowing what you want to achieve in various areas of your life.

This worksheet will help you set goals and track the steps needed to achieve them.

It will focus on the following areas.

- Career and Professional Development
- Education and Personal Growth
- Health and Wellness
- Financial Management
- Relationships and Social Connections
- Personal Hobbies and Passion Projects
- Spirituality
- Travel and Adventure
- Home and Environment
- Personal Style and Self-Care
- Time Management and Productivity

Write out your Motto (vision statement) for 2024:

Goal Area: Career and Professional Development

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Career and Professional Development

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
2.	
3.	

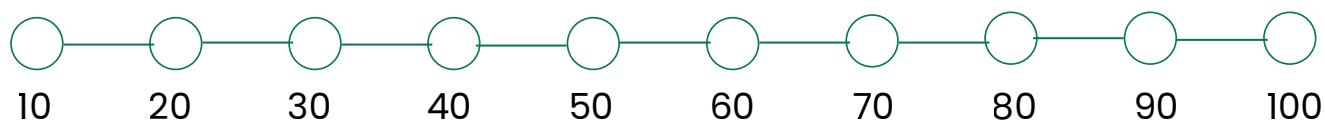
Measures of Success

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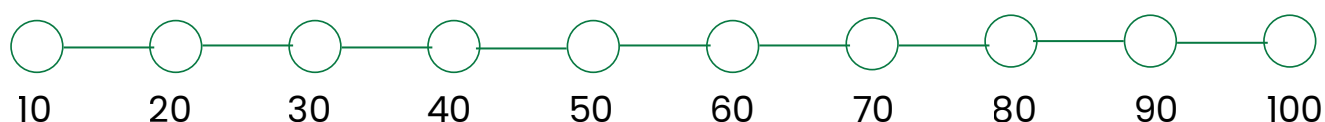
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How Close Are You to Attaining the Goal?

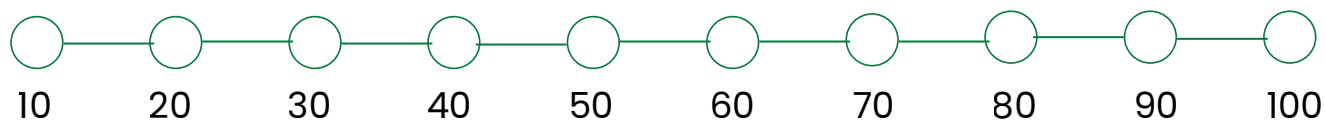
1st Quarter (January-March 2024)



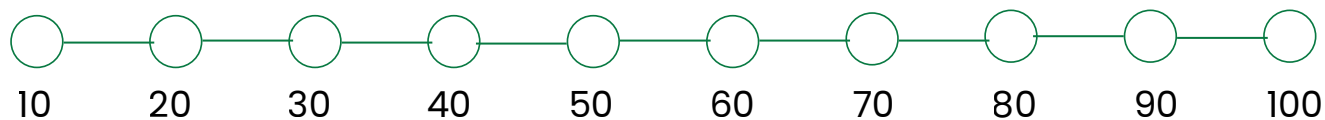
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Education and Personal Growth

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Education and Personal Growth

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
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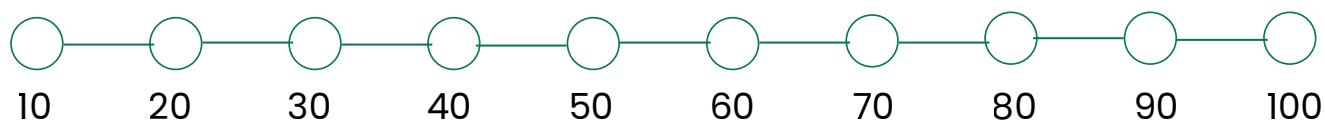
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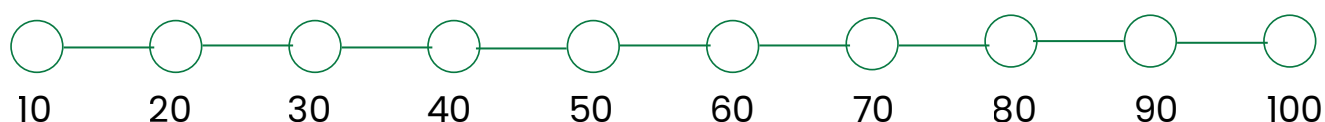
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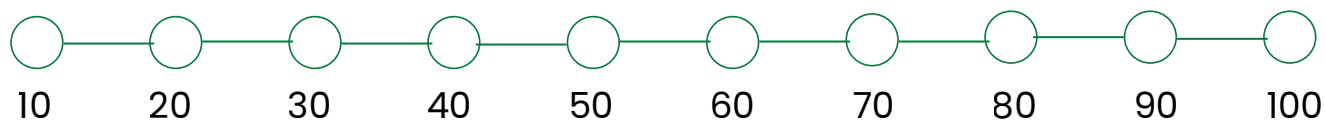
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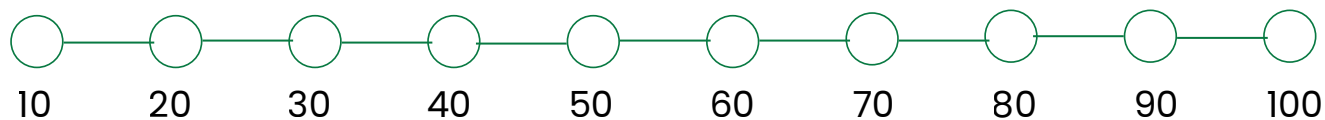
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Health and Wellness

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Health and Wellness

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
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3.	

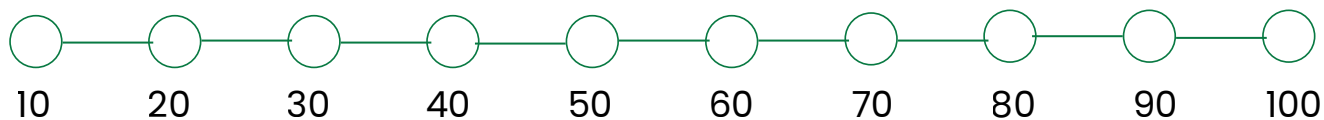
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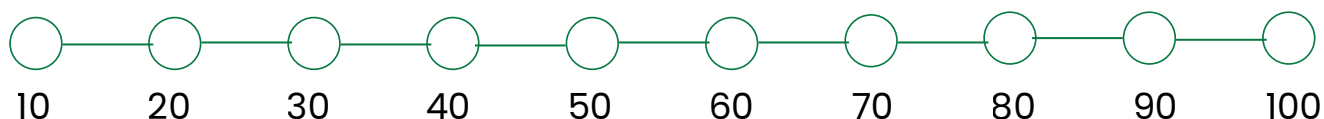
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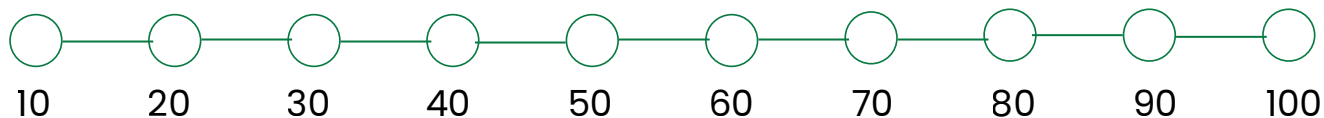
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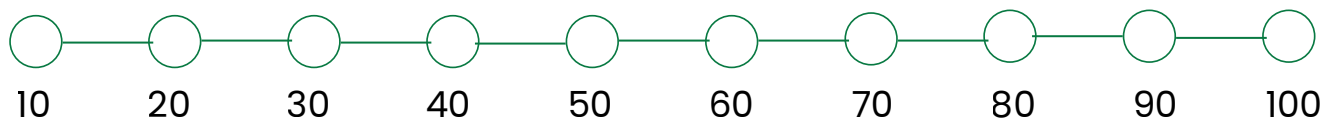
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Financial Management

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Financial Management

Resources Needed

1.	
2.	
3.	

Potential Obstacles

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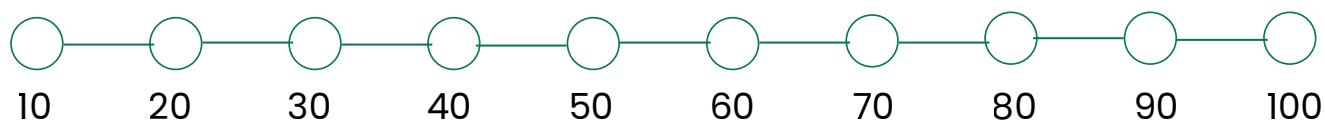
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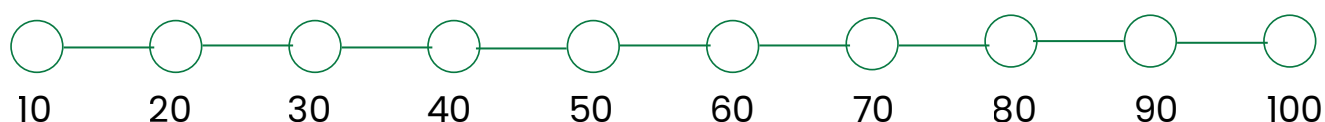
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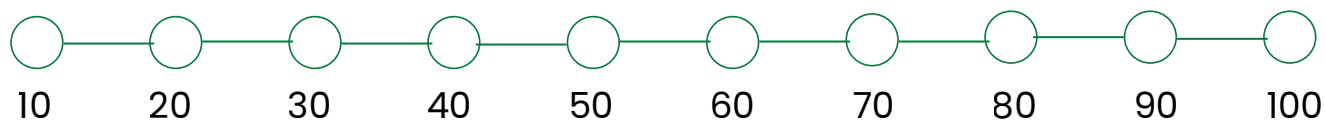
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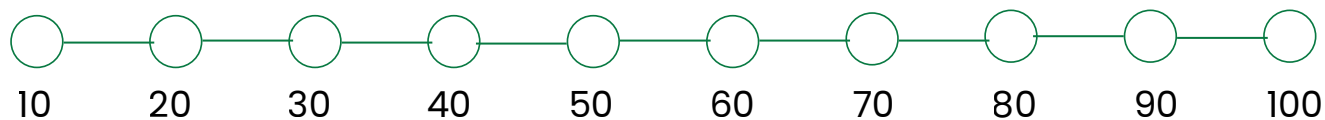
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Relationships and Social Connections

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Relationships and Social Connections

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
2.	
3.	

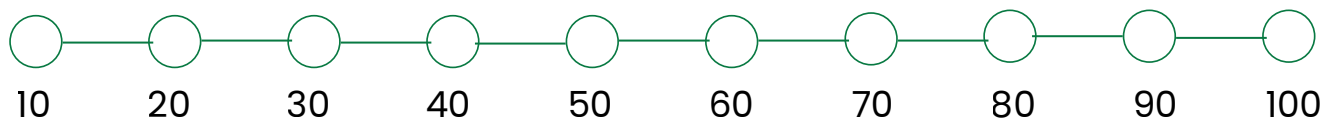
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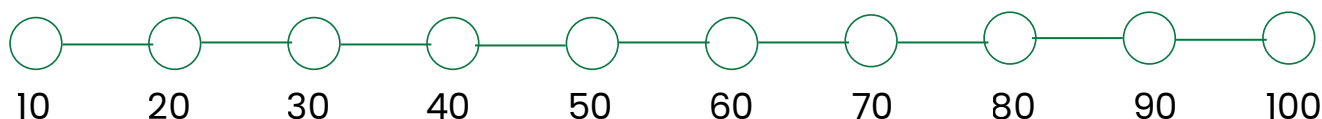
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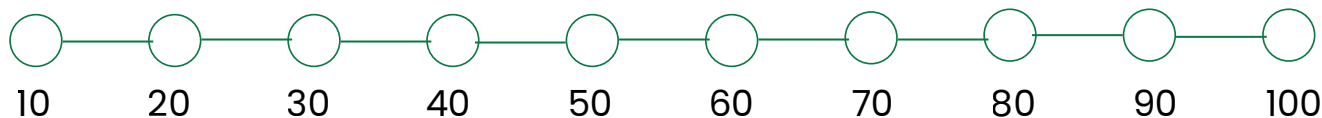
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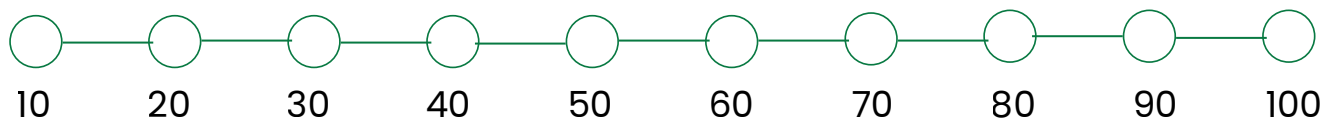
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Personal Hobbies and Passion Projects

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Personal Hobbies and Passion Projects

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
2.	
3.	

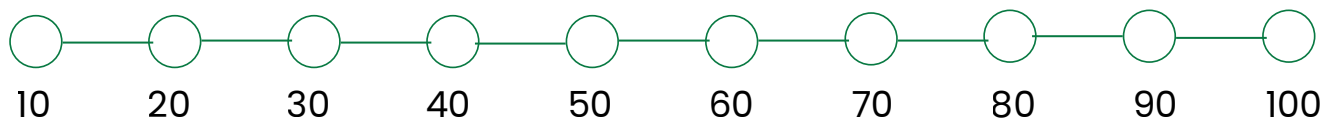
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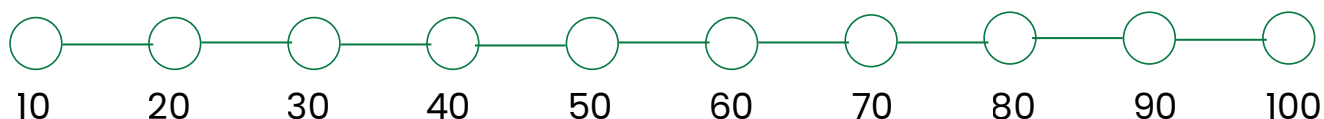
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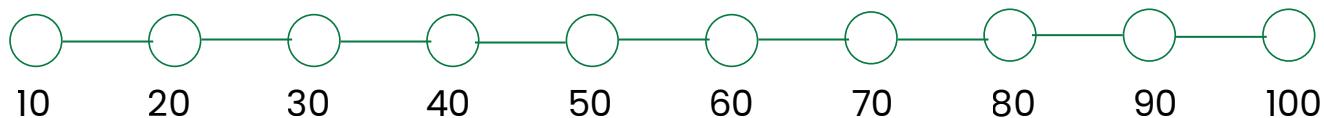
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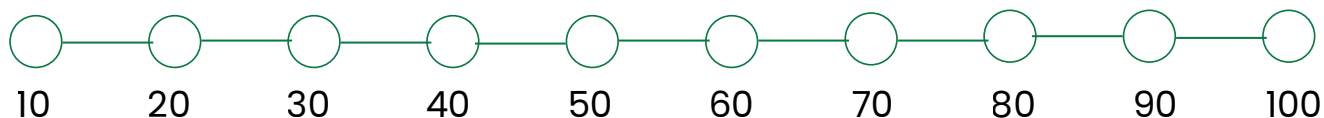
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Spirituality

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Spirituality

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
2.	
3.	

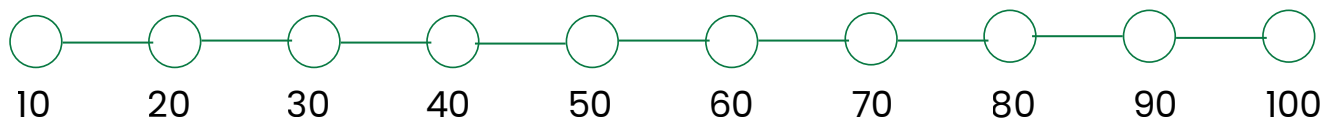
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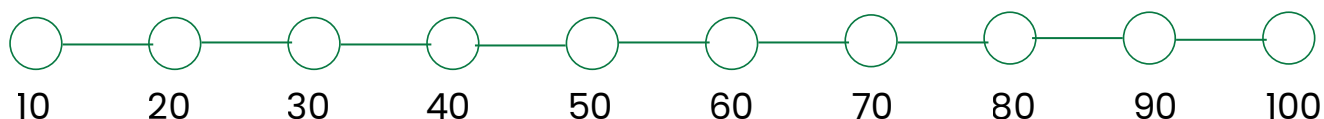
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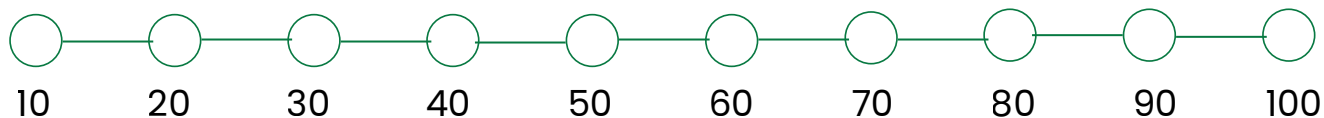
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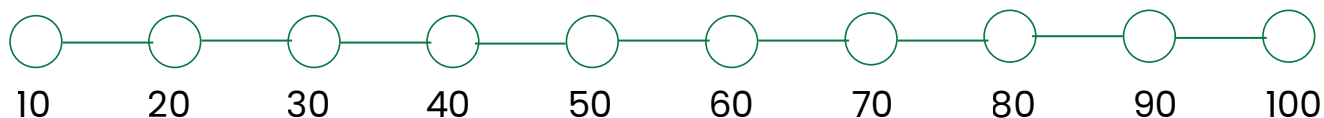
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Travel and Adventure

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Travel and Adventure

Resources Needed

1.	
2.	
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Potential Obstacles

1.	
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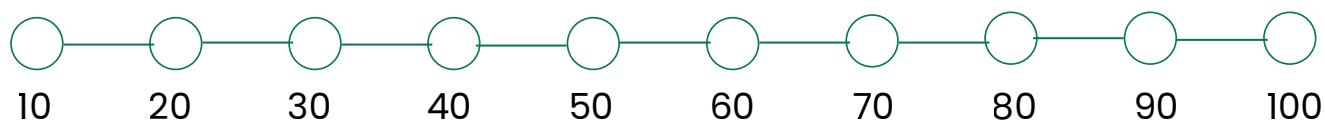
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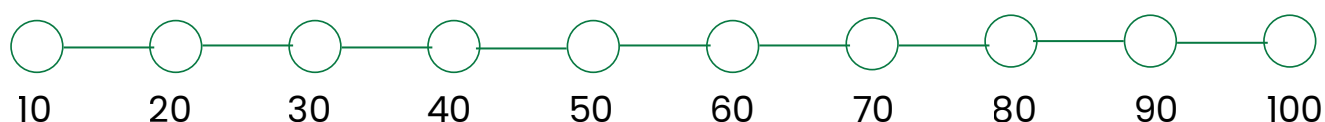
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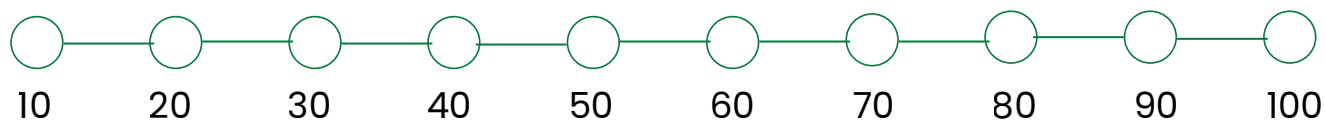
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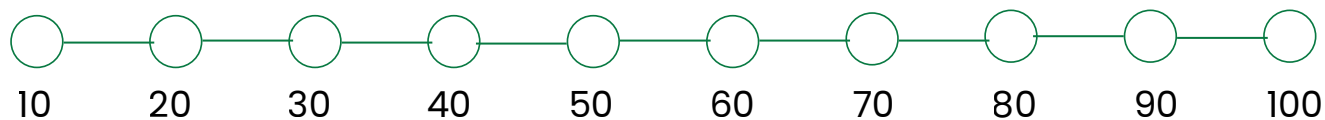
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Home and Environment

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
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Goal Area: Home and Environment

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
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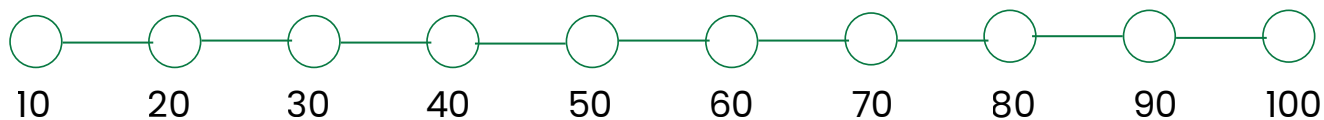
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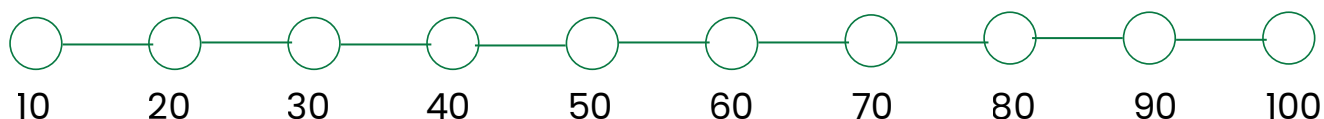
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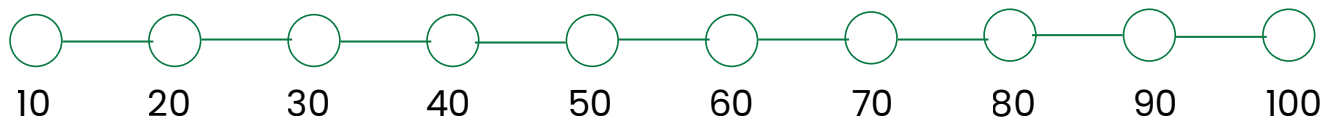
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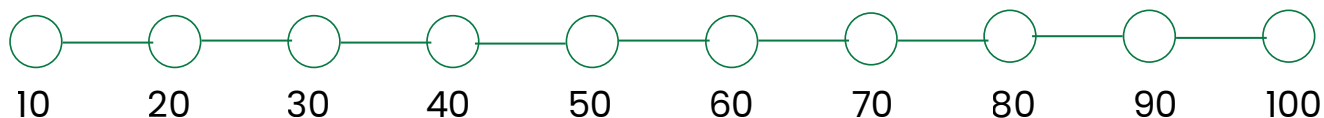
2nd Quarter (April-June 2024)



3rd Quarter (July-September 2024)



4th Quarter (October - December 2024)



Goal Area: Personal Style and Self-Care

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Personal Style and Self-Care

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
2.	
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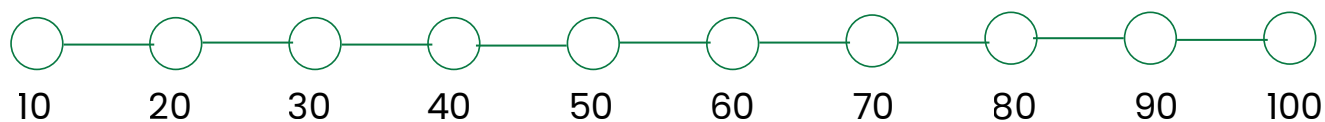
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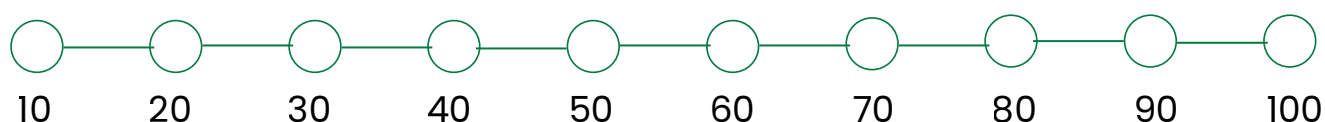
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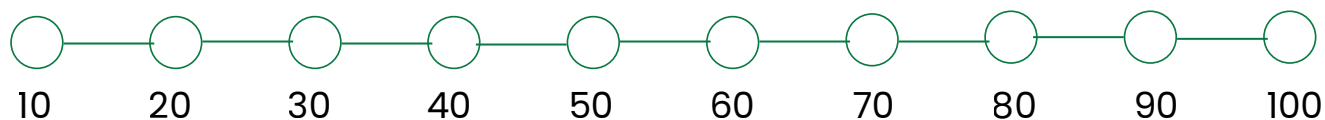
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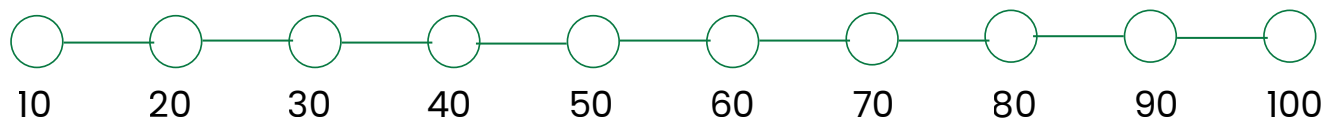
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4th Quarter (October - December 2024)



Goal Area: Time Management and Productivity

Specific Goals

1.	
2.	
3.	

Action Steps

1.	
2.	
3.	

Timeline (Deadline)

1.	
2.	
3.	

Goal Area: Time Management and Productivity

Resources Needed

1.	
2.	
3.	

Potential Obstacles

1.	
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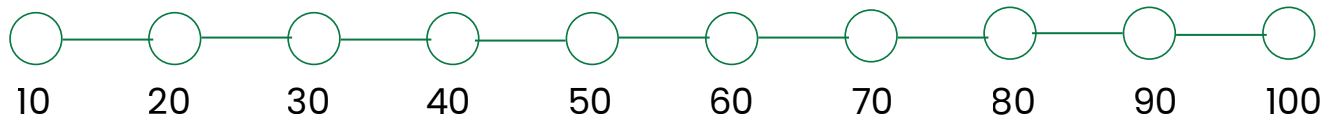
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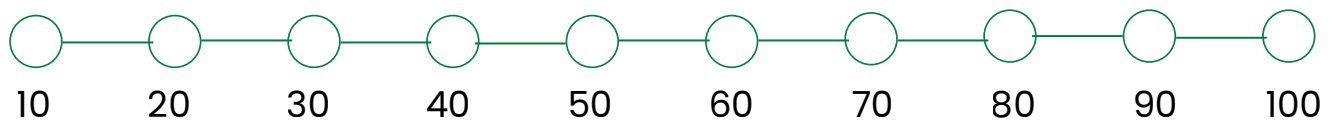
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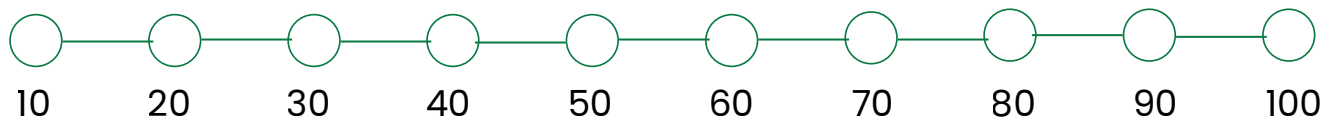
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